



* The Sweet Grass Meats Buying Club *

Here's how it works: The second (or sometimes the third) week of the month we will e-mail you our newsletter letting you know what's new on the farm. Also included will be a list of what products we have available that week. If anything appeals to you, you may place an order by e-mail to sweetgrassmeats@yahoo.com. **All orders should be in by Wednesday, September 16.** If you place an order and don't get a confirmation e-mail from me, please try again because I did not receive it.

Time and date: You may pick up your order between **5:30 pm and 7:00pm on Thursday, September 17.**

Pick up location: Megan MacKenzie's driveway at 132 Laney Rd, Rochester, NY 14620.

Payment: We accept payment by cash and check. We cannot accept credit cards or other digital forms of payment at this time.

* 100% GRASS-FED BEEF *

NO ARTIFICIAL HORMONES OR ANTIBIOTICS

DRY AGED

GROUND BEEF ~ 1 lb. packs, \$8.50/lb.

GROUND BEEF PATTIES ~ 1.5 lb. packs, 4 per pack, \$9.50/lb.

BEEF STEW ~ 1 lb. packs, \$9.25/lb.

CROSS CUT SHANKS (SOUP BONES) ~ 0.75-1.25 lb., 1 per pack, \$5.50/lb.

SHORT RIBS ~ 1-2.5 lb. packs, 2 per pack, \$5.50/lb.

CHUCK ROAST ~ 2.5-3.5 lb. pack, \$9.50/lb.

BOSTON ROAST ~ 3-5 lb. packs, \$9.50/lb.

SIRLOIN TIP ROAST ~ 3-5 lb. packs, \$9.50/lb.

RUMP ROAST ~ 2-5 lb. packs, \$9.25/lb.

BRISKET (WHOLE OR HALF) ~ 5-10 lb. packs, \$9.00/lb.

TOP ROUND STEAK ~ 2-3 lb. packs, \$9.25/lb.

RANCH STEAK ~ 0.3-0.6 lb. packs, \$14.00/lb.

DENVER STEAK ~ 0.3-0.6 lb. packs, \$14.00/lb.

SIRLOIN STEAK ~ 1-3 lb. packs, \$19.00/lb.

SKIRT STEAK ~ 0.6-3 lb. packs, \$18.00/lb.

FLANK STEAK ~ 0.75-1.25 lb. packs, \$22.00/lb.

FLAT IRON & VEGAS STRIP STEAK ~ 0.75-1 lb. packs, \$22.00/lb.

NY STRIP STEAK ~ 0.5-0.8 lb., 1 per pack, \$26.00/lb.

RIBEYE STEAK ~ 0.5-1.25 lb., 1 per pack, \$29.00/lb.
TENDERLOIN STEAK ~ 0.3-0.6 lb.~1 per pack, \$32.00/lb.
TENDERLOIN TIPS ~ 0.5-0.75 lb. ~ 1 per pack, \$29.00/lb.
STOCK BONES - each bag has approximately 5 pounds of bones in it, \$3.00/lb.
BEEF LIVER ~1 lb. packs, \$4.00/lb.
OTHER BEEF ORGAN MEAT ~ 1-2 lb. packs, \$3.00/lb.

NOTE: Some of our **grass-fed steaks** are a bit leaner and are easier to overcook. We suggest an internal temperature of 125°F – 135°F for grass-finished steaks. Enjoy!

*** 100% GRASS-FED LAMB ***

NO ARTIFICIAL HORMONES OR ANTIBIOTICS

~~**LAMB SHANKS** ~1.5 lb. packs, 2 per pack, \$12.00/lb.~~
~~**GROUND LAMB** ~ 1lb. packs, \$11.00/lb.~~
~~**GROUND SHEEP** ~ 1lb. packs, \$10.00/lb.~~
~~**LAMB STEW** ~ 1lb. packs, \$15.00/lb.~~
RACK OF LAMB ~1.75-2.5 lb. packs, 1 per pack, \$23.00/lb.
LAMB RIB CHOPS ~0.5-0.75 lb. packs, 2 per pack, \$24.00/lb.
LAMB LOIN CHOPS ~0.5-0.8 lb. packs, 2 per pack, \$26.00/lb.
MUTTON RIB & LOIN CHOPS ~0.6-0.8 lb. packs, 2 per pack, \$20.00/lb.
~~**BONELESS LEG OF LAMB** ~5-6 lbs., 1 per pack, \$13.00/lb.~~
~~**BONELESS LEG OF LAMB, HALF** ~2.5-3.5 lb., 1 per pack, \$13.00/lb.~~
~~**LEG OF LAMB KABOBS** ~1lb. per pack, \$16.00/lb.~~
~~**LAMB LIVER** ~ 1lb. packs, \$4.00/lb.~~
~~**LAMB KIDNEYS, OR HEARTS** ~ 1lb. packs, \$3.00/lb.~~

*** PASTURE RAISED PORK ***

*** RAISED BY AUTUMNS HARVEST FARM IN ROMULUS NY.**

GROUND PORK ~ 1 lb. packs, \$6.00/lb.
BULK BREAKFAST SAUSAGE ~ 1 lb. packs, \$6.75/lb.
HOT ITALIAN SAUSAGE ~ 1 lb. packs, 4 links per pack, \$6.75/lb.
MILD ITALIAN SAUSAGE ~ 1 lb. packs, 4 links per pack, \$6.75/lb.
CHORIZO SAUSAGE ~ 1 lb. packs, \$6.75/lb.
SMOKED SIDE & JOWL BACON (contains sodium nitrate and sodium phosphate) ~ 1 lb. packs, \$10.00/lb.
SPARE RIBS ~ 2 – 3 lb. packs, \$5.00/lb.
CENTER CUT AND RIB PORK CHOPS ~ 1- 1.5 lb., 2 per pack, \$8.00/lb.
BONELESS SIRLOIN CHOPS ~ 1.25-1.75 lb. packs, 2 per pack, \$8.00/lb.
***NEW CUT* BONELESS PORK LOIN CHOPS** ~0.75-1.25 lb. packs, 2 per pack, \$8.50/lb.
SHOULDER ROASTS (BOSTON BUTT) ~ 2.5-5.5 lbs., \$6.00/lb.
~~**PORK TENDERLOIN** ~ 1-1.5 lbs., \$14.00/lb.~~

*** MAPLE SYRUP ***

Made by Malcolm and Drury Mackenzie at the farm.

MacKenzie maple syrup is back in stock!

- Pint - \$13
- Quart - \$22
- Half gallon - \$36

*** HONEY ***

Made by bees, processed by Mary Kate & Leith MacKenzie

Honey is out of stock until the bees make more!

Farm Store Hours

Saturdays: 10:00 a.m. – 2:00 p.m.

The farm store is located at 290 Basset Rd, Naples NY, 14512